

#GETSET WITH SLICED

Goal

Eat at least 1 Sliced Meal every day

(circle your reason)

Why Sliced

Eat Healthier

Feel Better

Get Fitter

Save Time

Save Money

Stay Organised

Keep yourself motivated.

1 Day 1, lets do this!	2	3	4	5	6 Order online by 4pm for your next delivery	7
8	9 Your First Sliced Delivery should arrive this week	10	11	12	13	14
15	16	17	18 Have you tried our overnight oats? Customise your toppings online.	19	20	21
22 Treat yourself to one of our Yum Bits - You've got this!	23	24	25	26	27 Check in with yourself. Take 5.	28

29	30	31 It doesn't have to end here...
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What other positive habits have you started?
Tag @slicedmeals & #getset